

## CHEMICALLY DEPENDENT –

If, when you honestly want to, you find you cannot quit drinking or using entirely, or if you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem which only a spiritual solution will conquer. If you are as seriously alcoholic or addicted as we were, we believe there is no middle-of-the-road solution. We were in a position where life was becoming impossible, and we had passed into the region from which there is no return through human resources, we had but two alternatives: One was to go on to the bitter end, blotting out the consciousness of our intolerable situation as best as we could; and the other was to accept Jesus Christ as our Higher Power.

Romans 7:15-25 points out -

*"I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me. I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For what I do is not the good I want to do; no, the evil I do not want to do-- this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. So I find this law at work: When I want to do good, evil is right there with me. For in my inner being I delight in God's law; but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. What a wretched man I am! Who will rescue me from this body of death? Thanks be to God-- through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin." (NIV)*

### THE SOLUTION

By working through the Eight Recovery Principles found in the Beatitudes with Jesus Christ as your Higher Power, you can and will change! You will begin to experience the true peace and serenity you have been seeking, and you will no longer have to rely on your dysfunctional, compulsive, and addictive behaviors as a temporary "fix" for your pain.

By applying the biblical principles of conviction, conversion, surrender, confession, restitution, prayer, quiet time, witnessing, and helping one another, which are found within the Eight Principles and the Christ-centered 12 Steps, you will restore and develop stronger relationships with others and with God.